



Monday September 20

Beer Braised Bratwurst GF, DF

Brats simmered in a bath of onions and dark ale. Sauerkraut, onions, & whole grain mustard toppers and served in a pretzel bun.

(v) Vegetarian Bierock GF, DF

Potatoes, cabbage & onions baked in puff pastry. Apple beet slaw topper.

German Potato Salad GF, DF & Apple Compote GF, DF

Tuesday September 21

Grilled Hoisin Glazed Chicken GF, DF

Marinated in Asian spice and grilled

(v) Spicy Rice Noodle w/ Veggies GF, DF

Tender spiced noodle tossed w. fresh vegetables

Stir Fry Veggies, GF, DF Coconut Rice GF, DF

Wednesday September 22

Texas Pork Chile Rojo GF, DF

Tender Tex-Mex pork braised in ancho chiles, fresh herbs, & spices

(v) Banana Squash Chile Rojo GF, DF

Vegetarian chile rojo, loaded with fresh vegetables & herbs

Steamed Basmati Rice GF, DF & Kale Krunch Salad GF, DF

Thursday September 23

Santa Maria BBQ Tri Tip Sandwich GF, DF

Santa Maria marinated tri tip, grilled, sliced and slathered in BBQ sauce, topped with peppers and onions. Served on a brioche bun

(v) Marinated Grilled Portobello Mushroom Gf, Df

Peppers, onions and slathered in BBQ sauce

Sweet Potato fries, GF, DF

Friday September 24

Cajun Chicken Pasta

Penne pasta, diced chicken & vegetables in creamy creole tomato sauce

(v) Cajun Vegetable Pasta

Penne pasta loaded with vegetables in creamy creole tomato sauce

Garlic Bread
