

Monday February 14

Southwestern BBQ Pulled Chicken Sandwich GF DF

Shredded BBQ chicken slathered in southwestern BBQ sauce, peppers & onions. Served on brioche

(v) Cheesy Pesto Grilled Vegetable Stack GF

Pesto marinated grilled vegetables topped with feta mozzarella & baked. Served on Ciabatta with sundried aioli topper

JoJo Potatoes GF DF

Tuesday February 15 Garlic Rosemary Chicken GF DF

Garlic rosemary marinated grilled chicken. served with herb garlic sauce (v) Stuffed Portobello Roasted vegetables, cornbread stuffing and goat cheese stuffed portobello Roasted Rosemary Potatoes GF DF & Buttered Broccoli GF DF

Wednesday February 16

Chicken - Chilada

Grilled chicken breast, grated cheddar, wrapped in a giant tortilla and smothered w/ enchilada sauce and more cheese

(v) Veggie-Chilada

Sautted seasonal vegetables, cheese, wrapped in giant tortilla and smothered in green chili sauce and topped w/ more cheese Spanish Rice Gf DF & Chipotle Black Beans GF DF

Thursday February 17 Asian Fire Beef GF DF

Hoisin sambal braised beef (v) Yellow Curry Tofu Stir Fry GF DF Jasmine Rice GF DF & Szechwan Green Beans GF DF

Friday February 18 Maple BBQ Salmon GF DF

Brown sugar, smokey paprika & cumin rub fillets drizzled w/ maple syrup. Seared and drizzled w/ brown butter

(v) Vegetable Turnover GF DF

Zucchini, squash, shallots, mushrooms, peppers in puff pastry Macaroni Salad DF & Vegetarian Chili GF DF