



Monday February 21

Grilled Chicken Cacciatore

Tomatoes, bell peppers, onions, fresh herbs & burgundy wine

(v) Stuffed Zucchini

Fresh vegetables & herbs

Wild Rice Pilaf & Garlic Broccoli

Tuesday February 22

Moroccan Chicken

Grilled BBQ curry marinated chicken

(v) Curry Vegetable Turnover

Curry roasted vegetables baked in flaky puff pastry

Cous Cous & Vegetable Salad

Wednesday February 23

Pork Loin French Dip Sandwich

Thinly sliced roast pork loin with caramelized onion apple chutney & garlic aioli

(v) Grilled Vegetable Melt

Grilled vegetable stack, melted brie cheese & artichoke pesto

Waffle Fries

Thursday February 24

Shrimp Scampi w/ Penne Pasta

Garlic chardonnay cream sauce

(v) Smokey Eggplant & Roasted Pepper Lasagna

Layers of pasta, fresh vegetables, marinara, fresh herbs, mozzarella & ricotta cheese

Italian Vegetable Medley

Friday February 25

Tacos Carnitas

Pork tacos. Corn tortillas, salsa, queso fresco & Mexican slaw toppers

(v) Tacos Sofritos

Tofu, peppers & onions. Corn tortillas, salsa, queso fresco & Mexican slaw toppers

Refried Beans & Cilantro Rice