



Monday April 18

Chipotle Chicken Fajita GF DF

Grilled chicken, peppers and onions served w/ flour tortilla

(v) Sofritos GF DF

Marinated Tofu, onions and peppers

Corn and Red Pepper Salad GF DF & Pintos GF DF

Tuesday April 19

Hong Kong BBQ Beef GF DF

(v) Hong Kong BBQ Tofu & Portobello Stir fry Gf Df

Sticky coconut rice, gf df stir fry ginger bok choy gf df

Wednesday April 20

Italian Sausage Spinach Lasagna contains gluten, dairy

Layers of Pasta, marinara, Italian beef sausage, spinach, mozzarella, fresh herbs and ricotta

(v) Manicotti Primavera

Ricotta stuffed manicotti smothered in fresh vegetable marinara

Cucumber Tomato Salad, & French Bread & Butter

Thursday April 21

Grilled Chicken Breast topped w/caramelized onion, artichoke & heirloom tomato GF DF

(v) Artichoke & Mozzarella Stuffed Tomato GF contains dairy

Dirty Mashed Potato, Gf DF Green bean salad w/ bleu cheese & kalamata olives gf contains dairy

Friday May 28

Prawns w/ Garlic Apricot Lime Butter Gf DF

Tiger Prawns smothered in apricot garlic glaze

(v) Polenta Roasted Vegetable Napoleon GF contains dairy

Layers of polenta, roasted vegetables & cheese

Mediterranean Orzo Salad contains gluten DF & Spinach Saute GF DF
