



Monday August 15

Chicken Caprese Rustica GF

Italian seasoned chicken layered with tomato, mozzarella & basil

(v) Eggplant Caprese Rustica GF

Italian seasoned eggplant layered with tomato, mozzarella & basil

Grilled Vegetable Loaded Pasta Salad DF & Breadstick

Tuesday August 16

Mississippi Style Beef Sandwich GF, DF

Braised beef, pepperoncini peppers, garlic & Italian seasoning on a hoagie

Pesto Portobello Sandwich GF, DF

Portobello mushrooms, Italian peppers, garlic & Italian seasoning on a hoagie

Curly Fries GF, DF

Wednesday August 17

Korean BBQ Chicken w/ Pickled Daikon Slaw GF, DF

Spicy Korean inspired BBQ chicken

(v) Kim Chee Tofu Tacos GF, DF

Spicy Korean cabbage and tofu

Ginger Rice GF, DF & Korean Fire Cauliflower GF, DF

Thursday August 18

Chicken Tikka Masala GF,

Marinated chicken braised in a spiced tomato yoghurt sauce

(v) Braised Sweet Potato Curry GF, DF

Sweet potatoes, peas & chickpeas in curry coconut sauce

Basmati rice GF, DF & Spiced Charred Eggplant GF

Friday August 19

Coconut Crusted Chicken GF, DF

w/wasabi dipping sauce

Coconut Crusted Tofu GF, DF

w/sweet chili dipping sauce

Stir fry Rice, GF DF Pickled Onion and Cucumber Salad GF DF
