



Monday August 22

Spaghetti & Meatballs, DF

Angus beef meat balls in rich tomato sauce atop spaghetti noodles

(v) Spaghetti Pesto Prima Vera DF

Zucchini, summer squash, mushrooms and peppers sautéed w/ fresh basil and garlic

Arugula Watermelon Salad, GF DF Sourdough Breadstick

Tuesday August 23

Chicken Enchilada GF

(v) Green Chili and Cheese Enchilada GF

Pintos GF DF Chips and salsa GF DF

Wednesday August 24

Asian Fire Beef GF DF

Hoisin sambal braised beef

(v) Thai Yellow Curry Tofu Veggies GF DF

Tofu, sweet potato, Shitake, red pepper, peas

Fried Rice GF DF & Sesame Bok Choy GF DF

Thursday August 25

Hawaiian Sweet Chili Teriyaki Chicken GF DF

Marinated, grilled

(v) Teriyaki Tofu Pineapple Stir Fry GF DF

Crispy Teriyaki Tofu lightly sautéed w/ carrot, celery, snow peas, and pineapple

Macaroni Salad & Marinated Vegetable Salad GF DF

Friday August 26

Pan Roasted Salmon w/Potato Crust GF DF

(v) South of the Border Portobello GF DF

Stuffed w/fresh veggies, Black beans, Quinoa

Tomato Rice GF DF & Roasted Corn & Red peppers GF DF