



Monday November 14

Chicken Tamales GF DF

Shredded chicken and masa wrapped in a corn husk and steamed

(v) Veggie Enchilada

Pintos, red and green bell peppers, caramelized onions, cheese

Spanish Rice

Tuesday November 15

Sage Butter Pork Loin GF DF

(v) Polenta, Mushroom and Herbed Ricotta Torte GF

Mashed Potatoes GF & Gravy, Buttered green beans GF DF

Wednesday November 16

Lemon Herb Chicken Breast GF DF

Lemon juice, garlic, olive oil & Italian herb marinated chicken breast. Grilled.

(v) Roasted Vegetable Purse

Italian seasoned roasted vegetables & goat cheese wrapped in phyllo & baked

Rice Pilaf & Vegetable Medley GF DF

Thursday November 17

Carolina Pulled Chicken Sandwich GF DF

Shredded chicken slathered in tangy Carolina BBQ sauce with slaw topper served on brioche

(v) Cheesy BBQ Vegetable Stack Sandwich GF

Seasoned grilled vegetables, BBQ sauce & Pepper cheese with a slaw topper on brioche

JoJo Potato Fries

Friday November 18

Beef Lasagna

Layers of pasta, beef, ricotta, fresh herbs, marinara, mozzarella & parmesan

(v) Spinach, Mushroom & Cheese Lasagna

Layers of pasta, Spinach, ricotta, fresh herbs, marinara, mozzarella & parmesan

Garlic Bread
