



Monday March 13

Thai Beef

Thai Red Curry & Tofu

Potatoes, cauliflower and tofu in red curry sauce

Jasmine Rice, GF DF Soy Sesame Cucumber Salad

Tuesday March 14

Carne Asada GF DF

(v) Cilantro & Anaheim Chili Tofu GF DF

Shredded cheddar, Avocado Cream

Spanish Rice, Pintos, GF DF, Tortilla

Tuesday March 15

Santa Fe Chicken GF DF

Mushrooms, herbs and peppers in adobo cream sauce

(v) Santa Fe' Succotash' GF DF

Roasted corn, Pintos, mushrooms & peppers in adobo cream sauce

Cumin Coriander Brown rice, GF DF Southwestern Caesar salad GF DF

Thursday March 16

Grilled Tangerine Chicken GF DF

w/Crispy fried artichoke hearts

(v) Smokey Lentil Vegetable Fritters GF DF

w/ Curry mango chutney

Moroccan Cous Cous DF & Ginger Carrots GF DF

Friday March 17

Miso Honey Cod Fillet GF DF

(v) Miso Honey Tofu Stir fry GF DF

Asian Noodle salad, GF DF Veggie Spring Roll GF DF
