



Monday April 17

Grilled Chicken Breast topped w/caramelized onion, artichoke & heirloom tomato GF DF

(v) Artichoke & Mozzarella Stuffed Tomato GF

Dirty Mashed Potato, Gf DF Green bean salad w/ bleu cheese & kalamata olives gf

Tuesday April 18

Hong Kong BBQ Beef GF DF

(v) Hong Kong BBQ Tofu & Portobello Stir fry Gf Df

Sticky coconut rice, gf df stir fry ginger bok choy gf df

Wednesday April 19

Chipotle Chicken Tacos GF DF

Grilled chicken, onions, served w/white corn tortilla, sour cream, shredded lettuce

(v) Sofritos GF DF

Marinated Tofu, onions and peppers

Corn and Red Pepper Salad GF DF & Pintos GF DF

Thursday April 20

Prawns' w/ Garlic Apricot Lime Butter Gf DF

Tiger Prawns smothered in apricot garlic glaze

(v) Zucchini & Roasted Vegetable Boat GF

Italian squash, roasted vegetables & cheese

Buttery Garden Pilaf, Italian 3 bean Salad

Friday April 21

Italian Beef & Spinach Lasagna

Layers of Pasta, marinara, Italian beef, spinach, mozzarella, fresh herbs and ricotta

(v) Manicotti Primavera

Ricotta stuffed manicotti smothered in fresh vegetable marinara

Cucumber Tomato Salad, & French Bread & Butter
