



Monday May 1

Caribbean Spiced Jerk Chicken GF DF

Dark rum jerk marinated chicken thigh. Grilled and finished with citrus glaze

(v) Crispy Sweet Potato Green Onion Cake GF DF

A savory sweet potato cake w/ Jamaican cider yogurt dip

Spring Mint Peas GF DF & Coconut Rice GF DF

Tuesday May 2

Thai Lemongrass Prawns w/ Sweet Peppers and Onions GF DF

Thai grilled and tossed in coconut lemongrass sauce.

(v) Thai Coconut Curry Tofu & Vegetable GF DF

Tossed in coconut kaffir lime sauce

Jasmine Rice GF DF & Ginger Carrots GF DF

Wednesday May 3

Grilled Tangerine Chicken GF DF

w/ Crispy fried artichoke hearts

(v) Smokey Lentil Vegetable Fritters GF DF

w/ Curry mango chutney

Moroccan Cous Cous DF & Carrot Cucumber Salad GF DF

Thursday May 4

Chicken Marsala

(v) Eggplant Marsala

Garlic Herb Pappardelle Pasta, Cauliflower Salad

Friday May 5

Carnitas Tacos GF DF

(v) Vegetable Empanada GF DF

Avo cream, Salsa, Grated Cheddar,

Spanish Rice, GF DF Refried Black Beans, GF DF Chips