

Monday June 24

Mesquite Grilled Sesame Pork Chop GF DF

w/ soy, orange juice, Brown sugar glaze

(v)Crispy Panko Coconut Tofu w/ sweet chili sauce GF DF Vegan

Sesame Rice, Ginger Bok Choy Vegan

Soup: Chicken Noodle

Tuesday June 25

Polynesian Teriyaki Chicken GF DF

Island teriyaki marinated grilled chicken and finished with pineapple teriyaki glaze

(v) Shitake Mushroom, Tofu and Red Bean Stir-fry GF DF Vegan Coconut Pineapple Rice, Fried Plantains

Soups: Garden Vegetable

Wednesday June 26

BBQ Spareribs GF DF

(v) Quinoa Black Bean Burger Vegan

Curly Fries, 3 Bean Chili GF DF Vegan

Soup: Butternut Squash & Apple

Thursday June 27

Beef & Cheese Lasagna

(v) Spinach and Mushroom Lasagna

Asparagus platter, Garlic Bread

Vegan: "Meatless Balls" (Lentils, brown rice, mushrooms herbs) in spicy red sauce

Soups: Minestrone

Friday June 28

Asian Flank Steak GF DF

Marinated and grilled brushed with spicy teriyaki glaze and sesame seeds

(v) Asian BBQ Tofu & Portobello Stir Fry Vegan

Sticky Coconut Rice, GF DF Ginger Green Beans GF DF

Soups: Creamy Tomato