



Monday July 1

Baked Maple Lemon Chicken

(v) Crispy Lentil Cake w/ garlic herb chutney

Poutine Fries w/ savory gravy and cheese curd, Sauteed Green Beans

Vegan Fries w/ vegan gravy and plant-based cheese

Tuesday July 2

Beef fajita.

Served w/ bell peppers, onions, and warm tortilla

(v) Tofu Fajita

Served w/ bell peppers, onions and warm tortilla

Spanish Rice & Chipotle Black Beans

Wednesday July 3

BBQ Pulled Pork Sandwich served on brioche bun
with honey chipotle BBQ sauce

(v) BBQ Chipotle 'Chikin' Sandwich served on brioche bun

Plant based 'chikin' red peppers, caramelized onions

Curly Fries

Thursday July 4

CLOSED

Friday July 5

Grilled Chicken Parmesan w/ Pesto sauce

smothered with zesty tomato sauce, pesto drizzle, & fresh mozzarella

(v)'Meatless Balls'

Smothered with zesty tomato sauce, pesto drizzle & fresh mozzarella

Penne Pasta, Garlic Green Beans
