



Monday July 29

Coconut Panko Chicken w/ Wasabi dipping sauce **DF**

(v) Coconut Panko Tofu w/ Sweet Chili sauce **DF Vegan**

*Noodle Salad, **Vegan DF** Ginger Carrots **Vegan***

Tuesday July 30

Asian Fire Braised Beef **DF GF**

Hoisin sambal braised angus chuck

(v) Hoisin Tempeh **DF GF Vegan**

Cabbage, carrot, green onion, sesame seeds, in Sambal

*Steamed rice **DF GF Vegan** & Wok Fried Garlic Sesame Bok Choy **DF GF Vegan***

Wednesday July 31

Thai Curry BBQ Chicken w/ Tangy Yellow Curry Glaze **DF GF**

Grilled marinated chicken thigh finished with coconut lemongrass sauce & fresh herbs

(v) Thai Coconut Curry Tofu **DF GF**

Deep fried tofu, sautéed vegetables, fresh coconut in a lemongrass curry sauce

*Mashed Potato **GF** & Garlic Broccoli **DF GF***

Vegan Sesame Roasted Potatoes & Garlic Broccoli

Thursday August 1

New Mexico BBQ Chicken **DF GF**

Grilled slow and low. Basted with honey chipotle BBQ sauce

(v) Black Bean Burger served on seeded bun **Vegan**

Served w/ lettuce, tomato, onion, pickle

*Curly Fries **DF GF**, Macaroni Salad **Vegan***

Friday August 2

Spaghetti w/ Meatballs

(v) Pasta Primavera

Garlic Bread

Vegan "Meatless Balls" in spicy sauce, Pasta, Sliced French bread