



Monday September 9

Shanghai Grilled Chicken in Hoisin Orange Sauce GF DF

Tender Shanghai spicy chicken topped w/ orange Hoisin glaze

(v) Panko Coconut Tofu w/ Sweet Chili Sauce GF DF vegan

Wasabi Mashed Potatoes & Ginger Peas

Tuesday September 10

'Make your own' Shawarma

Smoked paprika chicken, tomatoes, lettuce, red onion, cucumber, hummus, garlic sauce, Tahina, Pita

(V) 'Make your own' Falafel Vegan

Yellow rice

Wednesday September 11

Italian Sausage and Beef Lasagna

Spinach and Mushroom lasagna

Breadstick

Vegan 'meatless' Balls in spicy red sauce, Orzo Pasta

Thursday September 12

1/3 lb. Angus Burger on sesame seed bun **GF DF**

(v) Black Bean Burger on sesame seed bun **GF DF vegan**

Served w/ lettuce, tomato, onion, pickle, & condiments

Curly Fries

Friday September 13

Pork Chili Verde GF DF

(v) Tofu Sofritos GF DF Vegan

Red Rice & Pintos, Chips and salsa GF DF
