



Monday September 30

**Coconut Panko Chicken w/ Wasabi Aioli**  
**(V) Ginger lemongrass Coconut Crusted Tofu**  
*Thai Basil Noodle Salad, Sesame Broccoli DF GF*

Tuesday October 1

**Grilled Pork Chop** w/ Caramelized onion, brie cheese and garlic aioli  
**(v) Smoked lentil & Sweet Corn Fritter** w/ Caramelized onion, brie cheese  
and garlic aioli **DF GF**  
*Roasted Paprika Potatoes, DF GF Sweet Baby Buttered Peas GF*

Wednesday October 2

**Spaghetti w/ Beef & Italian Sausage Bolognese DF**  
**(v) Penne w/ Veggie Tomato sauce**  
*Antipasto Salad, GF DF Garlic Bread*

Thursday October 3

**Chicken Mole GF DF**  
**(v) Sofritos Tacos Pico de gallo GF DF**  
*Pinto beans, red rice, Chips & Salsa GF DF*

Friday October 4

**Hong Kong Flank Steak GF DF**  
Marinated and grilled char sui style  
**(v) Cantonese BBQ "Beef" & Portobello DF GF**  
*Sticky Coconut Rice, Ginger Green Beans GF DF*