



Monday November 18

**Szechwan Sesame Glazed Chicken**

**(v) Crispy Coconut Tofu** w/ sweet chili sauce

*Wasabi Mashed Potatoes, Ginger Carrots*

*Vegan Crispy Coconut Tofu w/ sweet chili sauce, wasabi roasted potatoes, Ginger Carrots*

Tuesday November 19

**Carnitas Tacos GF DF**

**(v) Vegetable Empanada GF DF Vegan**

*Spanish Rice, GF DF vegan Refried Black Beans, vegan GF DF Chips & Salsa*

Wednesday November 20

**Caribbean Spiced Jerk Chicken GF DF**

Dark rum jerk marinated chicken thigh. Grilled and finished with citrus glaze

**(v) Crispy Sweet Potato Green Onion Cake GF DF Vegan**

A savory sweet potato cake w/ Jamaican yogurt dip

*Spring Mint Peas GF DF vegan Fried Plantains GF DF vegan*

Thursday November 21

**Thai Lemongrass Beef GF DF**

Thai grilled and slathered in coconut lemongrass sauce.

**(v) Thai Coconut Curry Tofu & Vegetable GF DF vegan**

*Jasmine Rice GF DF vegan & Basil Broccoli GF DF vegan*

Friday November 22

**Grilled Tangerine Chicken GF DF**

w/ Crispy fried artichoke hearts

**(v) Smokey Lentil Vegetable Fritters GF DF vegan**

w/ Curry mango chutney

*Moroccan Cous Cous DF vegan & Roasted Zucchini GF DF vegan*