



Monday December 2

**Polynesian Shrimp GF DF**

Peppers, onions, pineapple, in sweet and sour sauce

**(v) Coconut Tofu GF DF**

Tofu dredged in coconut milk, coconut and panko and fried crisp

*Sesame rice, GF Ginger Firecracker Cauliflower GF DF*

*Vegan Coconut Tofu in coconut cream and orange glaze*

Tuesday December 3

**Braised Beef Chili Rojo GF DF**

**(v) Crispy Tofu and Sweet Potato Chili Rojo GF DF Vegan**

*Red Rice DF & Chips w/Salsa GF DF*

Wednesday December 4

**Roast Pork Sandwich**

Brie cheese, apple chutney, garlic aioli, caramelized Onions on Brioche

**(v) Grilled Portobello Veggie Stack GF**

w/ Brie Cheese, Caramelized Onions and Pesto

*Waffle Fries GF DF*

*Vegan Grilled Portobello vegetable stack w/ Plant based Mozzarella and Artichoke sundried tomato Pesto*

Thursday December 5

**Mediterranean Chicken Gf Df**

Grilled with Kalamata olives, artichokes, fresh herbs, Feta Cheese, topped w/ sundried tomato pesto

**(v) Spanakopita**

Spinach, onions, Ricotta cheese, feta, mozzarella, nutmeg, dill and herbs

*Meyer Lemon Rice, GF DF Tzatziki & Pita*

*Vegan Spanakopita spinach, dill, plant-based cheeses, nutmeg, spices in Phyllo*

Friday December 6

**Hong Kong BBQ Tri Tip Steak GF, DF**

Marinated in soy, 5 spice & grilled

**(v) Sweet & Spicy Tofu Vegetable Stir fry GF, DF vegan**

*Sticky coconut rice, GF, DF Bok choy GF, DF*

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