



Monday February 10

Tequila Lime Beef Fajitas

Sauteed peppers, onions and fresh herbs in spicy tequila lime sauce

(v) Tequila Lime Tofu Fajitas

Sauteed peppers, onions and fresh herbs in spicy tequila lime sauce

Cilantro Rice & Chipotle Black Beans

Tuesday February 11

Jerk Chicken w/ papaya jicama salsa

Marinated, grilled and basted with herb lime

(v) Jerk Vegetable Kabobs

Marinated, grilled and basted with herb lime

Sauteed spinach & Roasted garlic quinoa salad

Wednesday February 12

Cajun Chicken w/ Creole Pasta

Sliced blackened chicken over spicy tomato penne pasta

(v) Cajun Portabello & Eggplant w/ Creole Pasta

Saffron Rice & Chard Sauté

Thursday February 13

Tri Tip Sandwich

Served on sweet French roll

(v) Curry Roasted Tempeh, Vegetable & Goat Cheese Melt

Roasted Seasoned Portobello, Roasted Pepper & tempeh topped w/ goat cheese

Served on sweet French roll

Curley Fries

Friday February 14

Coconut Shrimp w/ Pear Ginger Chutney

(v) Coconut Crusted Tofu

Curry Raisin Yams & Roasted Vegetables