



Monday March 10

Mesquite Grilled Sesame Pork Chop

w/ soy, orange juice, Brown sugar glaze

(v) Crispy Panko Coconut Tofu w/ sweet chili sauce

Sesame Rice, Ginger Bok Choy

Tuesday March 11

Polynesian Teriyaki Chicken

Island teriyaki marinated grilled chicken and finished with pineapple teriyaki glaze

(v) Shitake Mushroom, Tofu and Red Bean Stir-fry

Coconut Pineapple Rice, Fried Plantains

Wednesday March 12

Grilled 1/4 lb Angus Burger

Grilled onions, jack cheese, chipotle catsup

(v) Quinoa Black Bean Burger

Grilled onions, garlic aioli, avocado salsa,

Curly Fries, 3 Bean Chili

Thursday March 13

Beef & Sausage Baked Ziti

(v) Mushroom & Spinach Baked Ziti

Italian salad, Garlic Bread

Friday March 14

Asian Flank Steak

Marinated and grilled brushed with spicy teriyaki glaze and sesame seeds

(v) Asian BBQ Tofu & Portobello Stir Fry *Vegan*

Sticky Coconut Rice, GF DF Ginger Green Beans GF DF