



Monday April 21

Korean Firecracker Beef Tacos GF DF

w/ sweet chili slaw

(v) Tamari Glazed Tempe Kimchee Tacos GF DF

Sesame Kale Crispy Noodle Salad & Refried Hoisin Black Beans

Tuesday April 22

Chicken Piccata GF DF

Grilled Italian seasoned chicken breast with white wine, lemon caper sauce

(v) Eggplant Piccata GF DF

Grilled Italian seasoned eggplant medallions, spinach, roasted red peppers & artichokes with tomato caper sauce

Herbed Garden Pilaf & Roasted Garlic Zucchini

Wednesday April 23

Stuffed Pork Chop GF

Roasted pears, spring onions, spinach, goat cheese fresh herb stuffed chop w/ caramelized red onion marmalade

(v) Pepper Boat GF

White beans, roasted mushrooms, baby spinach, goat cheese w/ Florentine sauce

Garlic Mashed Potato, Marinated Cauliflower salad

Thursday April 24

Mango Chili Beef GF DF

Chuck slow cooked in Red Thai sauce & mango chutney

(v) Thai Coconut Curry Tofu & Vegetable GF DF

Jasmine Rice & Kale and Sweet Potato Saute

Friday April 25

Spaghetti w/ Meat Ragout DF

Angus Beef braised in red wine & charred tomatoes

(v) Pasta Primavera GF DF

Grilled vegetables tossed in herb Italian tomato sauce

Garlic Breadstick
