



Monday July 28

Beef Empanada

(v) Cheese Empanada

Red rice, Black Beans

Tuesday July 29

Chicken Marguerita

(v) Portobello Marguerita

Pesto Penne, Sauteed Veggies

Wednesday July 30

Mediterranean Grilled Shrimp

(v) Buddha Bowl

Roasted Tomato Pilaf, Broccoli

Thursday July 31

Mongolian Beef

(v) Eggplant Tofu

Fried Rice, Cauliflower

Friday August 1

Nashville Hot Chicken Sandwich

(v) Chipotle Black Bean Burger

Jo Jo Fries
