



Monday December 1

Chipotle Chicken Fajita

Grilled chicken, peppers and onions served w/ flour tortilla

(v) Sofritos

Marinated Tofu, mushrooms, onions and peppers

Corn and Red Pepper Salad & Chips salsa

Tuesday December 2

Hong Kong BBQ Flank Steak

(v) BBQ Bodega Stirfry

King oyster mushroom, broccoli, carrot, green onion, garlic, kimchi, sesame seeds

Jasmine rice, Egg roll

Wednesday December 3

Italian Beef & Spinach Lasagna

Layers of Pasta, marinara, beef sausage, spinach, mozzarella, fresh herbs and ricotta

(v) Spinach and Cheese Ravioli

smothered in fresh vegetable marinara

Cucumber Tomato Salad, & French Bread & Butter

Thursday December 4

Grilled Chicken Breast topped w/caramelized onion, artichoke & heirloom tomato

(v) Artichoke, Spinach & Mozzarella Stuffed Tomato

Mashed Potatoes, Green bean salad

Friday December 5

Baked Salmon Beurre Blanc

(v) Portobello Mushroom Caprese

Buttered Noodles, Parsley Carrots
